

Join our community of volunteers



Metropolitan
Baltimore



We rely on our team of dedicated volunteers to deliver our free, quality peer-led mental health programs. Share your experiences and skills to support the mental health of Baltimoreans!

Outreach Volunteer

Interested in helping spread awareness about mental illness, to help reduce stigma?

Through our In Our Own Voice presentations, Virtual Voices workshops, Ending the Silence presentations for students, and resource fairs, we educate the public about mental illness.

Peer Support Volunteer

Are you doing well in your journey with a mental health condition, or have experience supporting a loved one with a mental illness? You can help others in Baltimore by becoming a Support Group Facilitator or Educational Course teacher.

Advocacy Volunteer

Do you care about health policies that affect people impacted by mental illness?

Get involved through us as a Smarts for Advocacy teacher, or join us on Advocacy Day to urge local representatives to adopt policies that support mental health.

Administrative Volunteer

We can always use help around the office with our day-to-day operations!

Learn more about how you can become HelpLine or Office volunteer!

And so much more!

[Click here to download a volunteer application](#)

Once you complete the application, please email it to volunteer@namibaltimore.org

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Facebook.com/NAMIMetropolitan Baltimore

Learn more at
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